

JANUARY 23-29, 2022

# SUNDAY POST

HERE . NOW



REPUBLIC DAY SPECIAL

# Basking in Brilliance

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COVER STORY

Navdeep Kaur, a beauty pageant winner from Odisha, in her award-winning outfit at the Mrs World competition held at Las Vegas





Mumbai-based Odia actor Swapna Pati, who recently appeared in the Hindi web-series 'Inside Stories', loves to experience the joy of cooking authentic Odia foods at her leisure



### Late Riser

I go for morning walks and routine workouts on working days. But I never hit the gym on Sundays. Though I am a fitness freak, I give my body rest from doing physical activities and wake up late.

### Joy of Cooking

On Sundays, I prepare *panipuri* in Odia style because I don't like the way it is made in Mumbai. Besides, I make *Jhal Mudhi* in the evening to treat my family. I add pickle, mustard oil, peanuts and other spices to make the crunchy item tastier.

### Breakfast with Family

I never skip a Sunday breakfast with family at a south-Indian restaurant or McDonald's no matter how busy I am.

### Party Animal

I love partying with friends at my place. So, I invite my close pals to enjoy the celebration till late night.



Swapna on shooting sets



With her mother

RASHMI REKHA DAS, OP



## WhatsApp This Week

### Only on Sunday POST!

Send in your most interesting WhatsApp messages and memes received to: [features.orissapost@gmail.com](mailto:features.orissapost@gmail.com) And we will publish the best ones

#### THE BEST MEMES OF THIS ISSUE

- My friend was explaining electricity to me, but I was like, 'Watt?'
- Why did the kid bring a ladder to school? Because she wanted to go to high school.
- What is a computer's favorite snack? Computer chips.
- A ghost walked into a bar and ordered a shot of vodka. The bartender said, 'Sorry, we don't serve spirits here.'



## GOOD OMEN

Dear Sir, I liked the cover story 'Resurgence of Classical Music' published in the last issue of Sunday POST. Being a budding singer, I could relate to the story. Without classical music, it is not possible for a youngster to make a career in the music industry. Classical music is just like a foundation stone for any singer. I loved the article because it featured two of my favourite singers Abhijeet Mishra and Mahaprasad Kar. Besides, I got influenced by Aurosis Pani who quit his cushy job to make a career in music. Last but not the least, Mukund's musical journey is really inspiring. Though I was aware of Abhijeet and Mahaprasad achievements, I was clueless about Mukund. According to me, he is one of the greatest worshippers of music who did 40 days of silent music practice in the Himalayas. That's really commendable.

SAILABALA SAHOO, CUTTACK

## LETTERS



### A WORD FOR READERS

Sunday POST is serving a platter of delectable fare every week, or so we hope. We want readers to interact with us. Please send in your opinions, queries, comments and contributions to [features.orissapost@gmail.com](mailto:features.orissapost@gmail.com) B-15, Industrial Estate, Rasulgarh, Bhubaneswar - 751010, Orissa. Phone (0674) 2549982, 2549948



REPUBLIC DAY SPECIAL

# Basking in Brilliance



If women start believing in themselves by looking at my journey that would be an achievement  
NAVDEEP | MRS. INDIA WORLD 2021

While the nation is gearing up to honour exceptional talents ahead of its 72nd Republic Day celebrations, some stellar performances by a few individuals in international events at the beginning of the New Year have made Odisha shine on the global platform



RASHMI REKHA DAS, OP

January 26, the Republic Day of India, not just commemorates the establishment of Constitution of India, this is that time of the year around which the talents are feted for their outstanding contributions in various fields. While the President of India presents the bravery awards for the dare devil acts of Indian individuals and kids, the Padma honours are declared in recognition of individual excellence in art, culture, education and other fields.

Talking about Odisha, the year 2022 seems to have begun on a great note with the state basking in the brilliance of Odias on global platforms last week.

Ahead of the Republic Day, **Sunday POST** takes a look at some of them who brought glory for Odisha at international events.

### Making a mark in Vegas

Heart overflowing with gratitude!! India we made it, We are glad and honoured to announce that our queen Mrs. India World 2021 has won the National Costume by @eggiejasmn artist on Mrs. World 2022.

The announcement made above by the official Instagram handle of Mrs India says it all.

Mrs India Navdeep Kaur won the round for Best National Costume at the Mrs World 2022 pageant in Las Vegas, USA, last Sunday.

Dressed up as Kundalini Chakra, she beautifully depicted India's cultural aspect with her costume on the global platform.

The 'Avant Garde' outfit comprised a huge serpent head and

snake-like details throughout, along with a serpent cane.

Since costumes for the National Costume round were expected to represent the country's heritage and culture, the use of serpent and paisley motif was incorporated in Navdeep's outfit. An elaborate headdress, high-high boots and a sceptre were also part of it.

Artist Eggie Jasmin, who conceptualised Navdeep's look, sprinkled the unique costume with over 50,000 diamond rhinestones. Brocade, tulle and Korean sequin fabric were used to craft the costume, while pearls and crystals were added as a final touch for a regal look.

Needless to say, Navdeep's outfit made everyone's heart swell with pride.

"Beautiful. What a concept," a social media user commented while another wrote "Couldn't be more proud. In awe of the outfit."

For the uninitiated, Navdeep hails from Kansbahal, a sleepy town near Steel City Rourkela. After securing a degree in Computer Science, she has done her Masters in Business Administration. She also worked as an assistant manager in a private bank before entering into the world of pageantry and won Mrs India World title 2020.

"Not just Odisha, Navdeep has made the entire nation proud. She has worked hard for this event and even quit her job to pursue her dreams," her husband Kamaldeep Singh told a national web portal before she left for Las Vegas. The couple got married in 2014 and has a five-year-old daughter.

Apart from participating in beauty pageants, Navdeep is conscious of her social responsibility.

"She is involved in social work as well. She has been the goodwill ambassador of Ladies Circle India. Besides, she has adopted 1,000 girls and has taken responsibility for their education. She also dedicates five days a month to educate autistic children and takes up personality development classes for rural kids for free," informed the proud husband. Navdeep was yet to return from the US by the time of writing of this report.

Before leaving for the event, Navdeep, who has nearly 21K followers on Instagram, told the same website "I always wanted to make a difference in society. When we talk of Indian married women in our society, it is difficult for them to move out of their professional set-up or houses. But, I was blessed to have supportive families."

"I want to leave a mark so that my achievements inspire at least one woman each day. If women started believing in themselves by looking at my journey, that would be an achievement," she added.

Navdeep poses in her award-winning outfit

NAVDEEP'S PIC COURTESY: @mrsindiainc instagram handle





Dignitaries supporting Kamala in his unique attempt to set new Guinness World Record

**Bhubaneswar saw history being scripted**

Spinal cord damage often makes people give up and they lose all motivation in life. But Kamala Kanta Nayak of Niazpur under Brahmagiri block in Puri district had other ideas. The injury can change the course of life but not the will power, he says.

No wonder, he set a new Guinness World Record last Sunday in Bhubaneswar for the maximum distance covered on a wheelchair. He travelled 215.4 kilometers in 24 hours. Kamala Kanta broke the record of Mario Trinidad of Portugal who had covered 182.4 km at the Vila Real Stadium in Vila Real, Portugal, December 3-4, 2007.

About eight years ago, Kamala Kanta fell on the ground while playing volleyball and sustained an injury in his spine. His world turned upside down after that. He had several rounds of consultation with experts of top hospitals but it didn't work. He was not going to walk again in life. Anyone

in his place would have resigned to his/her fate. But he was different. He tried to start life afresh. Since that tragic phase of his life he has traversed a long path and gone on to script histories.

He credits his elder sister Kiran a lot for the turnaround. Some days after his operation his elder sister Kiran took Kamal to Swami Vivekanand National Institute of Rehabilitation Training and Research(NIRTAR), Olatpur.

"I spent a few months there as per the advice of Dr PP Mohanty's. My sister, who works in a college, used to look after me after her work hours. She motivated me to make a new beginning in life. She listed the things that I was incapable of and asked me to try them. That worked for me. So much so, that I started covering 10-20 kms on wheelchair. She asked me to take part in a marathon, meant for physically challenged persons, to be held at Kalinga Stadium. To everyone's surprise, I won that event. In the meantime, I got a call from the Delhi Wheelchair Basketball Team to play for it. However, during my stay in Delhi I realised that I was not being given much opportunities. So, I returned to Odisha."

He went to NIRTAR again where its director PP Mohanty worked on his physical fitness and he introduced Kamal to the secretary of Odisha Wheelchair Basketball Association Durga Prasad Patnaik. Earlier, Kamal along with his friend had covered 104 km in a wheelchair and reached Puri for darshan of Lord Jagannath in Puri on eve

of Independence Day in 2018.

"Impressed with my determination, Mohanty sir, Durga sir and late S Vaidyanathan sir, founder of Spinal Foundation advised me to attempt for Guinness Book of World record.

I am happy that I could make it. I owe my success to my elder sister, Mohanty sir, Durga sir and S Vaidyanathan sir. Had they not motivated and inspired me, I would have been not able to come this far."

About his aim, he says, "I would like to represent India in Paralympic and other international sports event as a marathoner."

**Rare feat**

Kamala Kanta is the only Indian who completed a wheelchair ultra-marathon of 139.57 km in 15 hours. He is also 16 times half marathon runner (21km) and 13 times full marathon runner (42km). Besides, he also has set a record of journeying of over 4,200 km on wheelchair in 2020.



Amartya making last minute makeup correction of an artiste

**'I make films for the future'**

At a time when scene-to-scene copying of other language films has turned a trend in Odia film industry, filmmaker Amartya Bhattacharyya is an aberration. Most of the films he has made so far are surreal, dark and psychoanalytic in nature. Therefore, when petitions are filed in the Odisha High Court over state film awards being given to Odia films copied from other languages, Amartya's movies continue to impress the viewers as well as the jury at international film festivals.

Last week, his recent Odia movie *Adieu Godard* bagged three awards at the just concluded Sipontum Arthouse International Film Festival in Italy bringing glory to the state. Though he was born and brought up in Kolkata, there is no prize for guessing where his heart is.

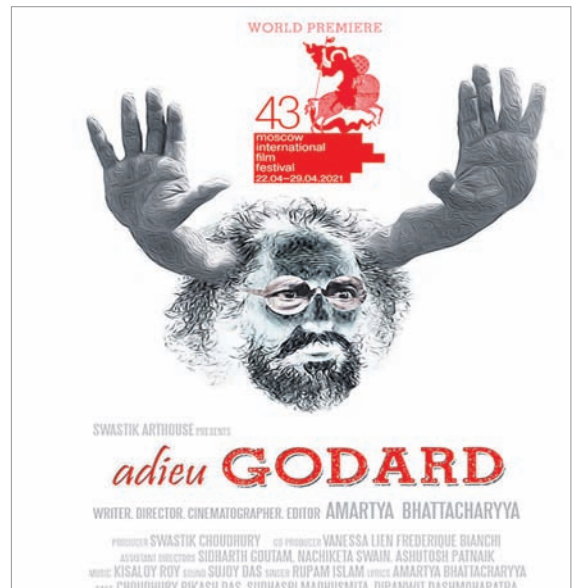
"I have been inclined to art since my childhood. Despite studying Engineering, I turned to filmmaking as I found it

to be the most convenient medium of my artistic expression. I have no hesitation to admit that Odisha has played a huge role in making me a filmmaker. As an individual I may be born and brought up in Kolkata but as a filmmaker I am born in Odisha. When I was in Bhubaneswar, I found the culture of this city and its people play an important role in my psyche. If I was not in Odisha, I may have become something else but certainly not a filmmaker. The filmmaker I am today I think a lot of credit goes to Odisha and its beautiful natural ambience," admitted the maker of award winning movies like *Khyanika* and *Capital I*.

Why does he make art house movies but not the commercial ones? To this question, he responded, "I believe commercial movies degrade the art and the possibility that cinema offers. The audio visual is a powerful medium for artistic expression and wasting that medium for the sake of entertainment doesn't make any sense to me. I am making films for the

future. My kind of films take some time to get recognition."

Asked about the motivation behind making a movie on French-Swiss filmmaker Jean-Luc Godard, he said "As a filmmaker I always admire Godard a lot. He was a rebel and broke all rules in cinema. However, this film is not made in Godard style but it's a tribute to the legend. Shot extensively in Bhubaneswar and on its outskirts, the movie is based on an old man of a small Indian village who got addicted to watching pornography with his friends. One day, he accidentally watched a film of eminent filmmaker Godard. Gradually, he developed an obsession towards watching Godard's movies. Then he took initiative to host a film festival in the village where Godard's films were to be screened. I have tried to bridge two different worlds through my movie."



Poster of Odia film *Adieu Godard*



# A Lone Crusader

**THOUGH NETAJI SUBHAS CHANDRA BOSE GAVE AN IMPETUS TO INDIAN FREEDOM STRUGGLE, HIS ROLE HAS BEEN UNDERPLAYED IN THE ANNALS OF INDIAN HISTORY**

BUDDHADEV NANDI

The great Indian nationalist leader Netaji Subhas Chandra Bose's patriotism has undoubtedly left an indelible mark in the heart of every Indian. His famous slogan "Give me blood and I will give you freedom" still thrills the minds of millions of Indians. As a political thinker, philosopher and freedom fighter, he gave an impetus to the Indian freedom movement. However, in the annals of Indian history much of Netaji's contribution has been underplayed. Yet Netaji and his Indian National Army have acquired legendary statuses among Indian masses. On his birth anniversary, Sunday POST makes an attempt to bust a few myths about Netaji Subhas Chandra Bose.

**Bonding with Gandhi:** Despite having the similar object of liberating India from the British yoke and working together for about two decades under the umbrella of the Indian National Congress until the outburst of the political clash during the election of the Nation Congress President in Tripuri Congress, there is an average conception that the relation between Subhas Chandra Bose and Mahatma Gandhi is marked by a schism. Bose relinquished Gandhi's non-violent methods and instead he sought the assistance of the Axis power to overthrow the British from Indian soil.

But this apparent divergence between the two stalwarts could hardly undermine the in-depth and profound but complex bond of their relationship. Gandhi's emphasis on 'means' and Bose's 'ends' were complementary to each other to attain the goal. Actually, the relationship between Mahatma Gandhi and Netaji Subhas Chandra Bose was marked by deep love and veneration to each other. According to Bose's daughter Anita Bose Pfaff, her father was 'a great admirer of Gandhi'. In reply to the question of Louis Fischer, an American journalist, about Gandhi's view of Bose's action of seeking help from Germany during World War II, Gandhiji commented, "Bose was a patriot among patriots". On the other hand, Subhas Chandra Bose used the term "Father of the Nation" in his radio address from Singapore in 1944.

**Bose-Nehru Relationship:** The Nehru Report prepared



with the assumption of the Constitution of free India to be based on Dominion Status by the committee headed by Motilal Nehru in 1928 was sternly opposed by the radical group of the Congress led by Bose and Jawaharlal Nehru who propagated full independence. The resolution of 'complete independence' was passed when Jawaharlal Nehru was elected the President of INC in the Lahore session. A strong bonhomie between the two leaders was again vindicated when both the leaders showed their solidarity towards the ideas of socialism, heavy industrial policy, centralized planning and state ownership of the key industries. Their cordial relationship sustained even after the rift that developed between Bose and Gandhi over the re-election of the latter as the President of the INC in Tripuri congress in 1939. Jawaharlal Nehru tried to persuade Gandhi to accept Bose as the President. But Gandhi failed to compromise with Bose under the pressure of his colleagues led by Patel. Rudrangshu Mukherjee, an Indian historian and author of several major history books, writes in his book 'Nehru and Bose: Parallel Lives' "Subhas believed that he and Jawaharlal could make history together. But Jawaharlal could not see his destiny without Gandhi. This was limiting point of their relationship." But Jawaharlal Nehru became critical of Bose for his admiration for Axis powers.

In 2016, declassification of 100 Government of India files pertaining to Bose revealed that in a letter allegedly written by the country's first Prime Minister Jawaharlal Nehru in 1945 to UK Prime Minister Clement Attlee referred to Bose as a 'war criminal'. In the letter Nehru allegedly wrote: "Dear Mr Attlee, I understand from reliable sources that Subhas Chandra Bose, your war criminal, has been allowed to enter Russian territory by Stalin...." However, the letter was

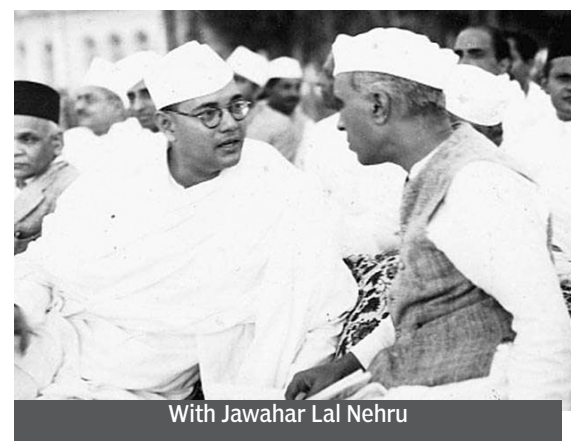
unsigned. In another declassification of 64 files by West Bengal Chief Minister Mamata Banerjee revealed that the family of Netaji Subhas Chandra Bose was under unprecedented surveillance for over twenty year after independence from 1948 to 1968.

**Authoritarian Tag on Bose:** Subhas Chandra Bose, a lone crusader and renegade in the anti-British struggle for his relentless dissension with the mainstream Gandhian nationalists, was interested in setting up of a socialist state in India. But in his visionary zeal he conceived of socialism to be rooted in Indian soil without imitating Bolshevik experiments. He envisaged state interference in industrialisation and agricultural modernisation. Subhas Chandra Bose strongly corroborated the state to play a pioneering role to execute a planned economic system. Therefore, he advocated an authoritarian but welfare state tinged with eudemonia that was, deliberately or non-deliberately, misinterpreted and propagated for decades as Bose's suggestion of 20-year ruthless dictatorship for India after Independence. He envisioned 'all power to the Indian People' and a strong centralised and disciplined state where the government would act as the servant of the people.

**Reassessment of Netaji:** In 2009, Gomoh railway station was rechristened Netaji subhas Chandra Bose Gomoh railway station in honour of Netaji's great escape from the British Empire in 1941. This year is the 125th birth anniversary of this great leader. Therefore, the union government has already announced his birthday on 23rd January as "Parakram Diwas" from now onward. The Howrah-Kalka Mail has been renamed "Netaji Express" by the Indian Railway. The Republic Day festivities will now commence on January 23 instead of January 24 in order to accommodate Subhas Chandra Bose's birth anniversary. Above all, the demand of printing Netaji Subhas Chandra Bose's image on Indian currency is being raised from some quarters.



With Gandhiji



With Jawahar Lal Nehru



# Parineeti got the best advice from Priyanka

Parineeti Chopra completed a decade in Hindi film industry this year. Speaking about her journey, the actress recently revealed that her sister Priyanka Chopra had given her the best piece of advice which has stayed with her even now.

Priyanka is Parineeti's senior in films and had advised her sister about dealing with expectations and responsibility. "The best advice that I got, was actually from my sister. She always says that you have the privilege of people's expectations, if people didn't have expectations from you, you would have been really depressed. So whenever you are in a film, they will expect you do something special, that's an amazing privilege but also a huge responsibility, so always give them something," said Parineeti. Parineeti marked her debut in films with *Ladies Vs Ricky Bahl* in 2011.

After a decade in films, Parineeti is all set to turn producer. The actress had recently told a news



portal, "I do want to produce, and I want to do that because I feel that many times there is a struggle for actresses to get the kind of budgets, stories or casting that they sometimes need for their project. Of course, that is understandable because right now, the kind of collections that these sorts of projects garner demand that they have to be made at a certain budget. I have wanted to create a name for myself as someone who can sell a film on my own name."

AGENCIES

# Kajal starts her parental journey

Kajal Aggarwal and her husband Gautam Kitchlu are all set to become parents. Recently, the star took to her Instagram handle to give us a glimpse of her growing baby bump.

The actress shared a screenshot of her video call with her trainer. She was all smiles as she showed off her baby bump and her pregnancy glow. She wore black and white athleisure and had her specs on. Sharing the picture, Kajal wrote

"delighted to start my @physique57india PRENATAL JOURNEY".

A few days back, the actress took to social media to share an advertisement for a pregnancy test kit, and wrote, "I am so excited to meet my little one this year, I couldn't be happier."

Earlier, Kajal and Gautam celebrated their first wedding anniversary. They got married in October 2020 in Mumbai. Their grand wedding was attended by close relatives and family members only due to Covid-19. Sharing a mushy picture with her husband, the star wrote, "I love you even when you whisper in the middle of the night 'are you awake? I need to show you this dog video' Happy 1st anniversary from the best thing that ever happened to YOU! @kitchlug"

On the work front, the actress will be seen next in *Uma*. Kajal has wrapped up the shoot of her next Hindi film. AGENCIES



# Disha tries her hand at drums

Disha Patani took to Instagram to share a video of herself trying her hands at drums. She captioned the post, "Trying to learn." In the video, she can be seen wearing a casual t-shirt while she was learning the new music instrument at her residence.

Meanwhile, Disha has completed shooting for the upcoming action-drama *Yodha* starring Sidharth Malhotra in the lead role. The actress announced the same on her Instagram recently.

Backed by Karan Johar and Shashank Khaitan, *Yodha* is reportedly an aerial action film, with the backdrop of an air hijack situation. The film, which is being helmed by Pushkar Ojha and Sagar Ambre, will release in theatres November 11, 2022.

Apart from *Yodha*, Disha will also feature in *Ek Villain 2* co-starring John Abraham, Aditya Roy Kapur and Tara Sutaria. Directed by Mohit, the film is being jointly produced by Bhushan Kumar and Ekta Kapoor and is set to release July 8, 2022.

AGENCIES



# Kartik returns to his home cycling

Actor Kartik Aaryan was recently spotted in town for a football match, after which he was spotted cycling in the streets of Mumbai to go back home. A video of him riding his cycle went viral, where fans reacted to it by saying "No show off, no ego, nothing, just he felt he should ride a cycle, and he did. So grounded to earth!"

A netizen acknowledged the video by saying, "Falling for you even deeper." Meanwhile, another fan wrote, "He looks so cute while cycling." In the video, Kartik can be seen in black athleisure. He also wore a mask for coronavirus protection.

On the work front, Kartik currently has a strong line-up of films under his belt, namely, *Captain India*, *Bhool Bhulaiyaa 2*, *Shehzada* and Sajid Nadiadwala's untitled project.

AGENCIES





# The Tricolour Tunes



### Aye Mere Watan Ke Logo

The definitive Republic Day song, it was sung live by Lata Mangeshkar January 26, 1963, as a tribute to Indian soldiers who died during the Sino-Indian War of 1962. The song is written by Kavi Pradeep and composed by C. Ramchandra. The first rendition of Mangeshkar, a live rendition at National Stadium in New Delhi, happened with President Sarvepalli Radhakrishnan and Prime Minister Jawaharlal Nehru in the audience.

### Nanha Munna Rahi Hoon

Sung by Shanti Mathur for the 1962 film *Son Of India*, this song has long been associated with Republic Day and Independence Day, especially at schools where students perform to its beat. It's about a child's dedication to India. He describes himself as a soldier of the country.

### Mera Rang De Basanti Chola

Lata Mangeshkar, Mukesh, Mahendra Kapoor and Rajendra Mehta sang the classic in the 1965 film, *Shaheed*. The music and lyrics are by Prem Dhawan. *Shaheed*, directed by S Ram Sharma, stars Manoj Kumar, Kamini Kaushal, Pran, Iftikhar, Nirupa Roy, Prem Chopra, Madan Puri and Anwar Hussain. It is based on the life of Bhagat Singh.

### Mere Desh Ki Dharti

This song in Mahendra Kapoor's voice praises India. It is said that after the popularity of the song for the 1967 film *Upkar*, lead actor Manoj Kumar began to be addressed as Mr. Bharat.

### Sandese Aate Hain

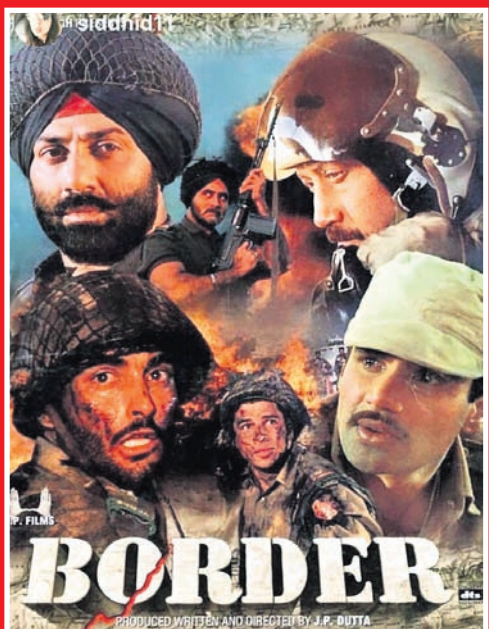
From the 1997 blockbuster *Border*, directed by JP Dutta, the song, sung by Rookumar Rathod and Sonu Nigam, uses letters to beautifully present the Indian soldiers' families' love for them and to express how much they miss the soldiers, who are someone's husband or lover or son.

### I Love My India

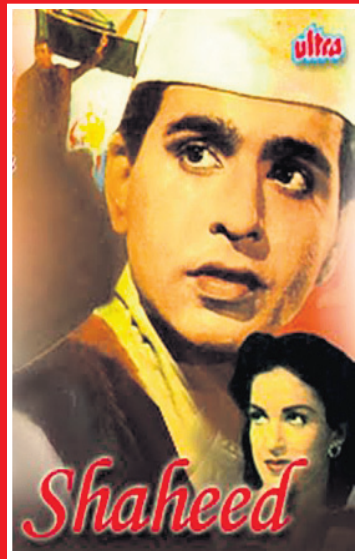
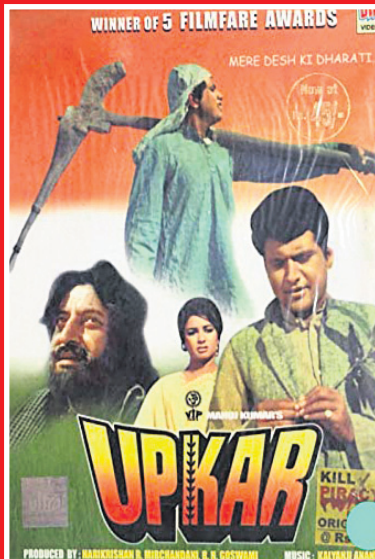
The song is sung from the perspective of a man who has been abroad, to London, Paris and Japan, but hasn't seen a country like India. The song was sung by Hariharan, Kavita Krishnamurthy and Aditya Narayan for Subhash Ghai's 1997 film, *Pardes*.

### Rang De Basanti

The title track of *Rang De Basanti* (2006) is more like a celebration song in Daler Mehndi and KS Chithra's voices. It touches upon the soil of India and her various colours.



As India celebrates 72nd Republic Day Wednesday, it is time for a musical rewind. There are a countless classics that spring to mind. Here's a look at a few that continue to resonate with the youth today, for the way they capture various moods of India





# Sadhana



PHOTO: KUMAR SHARAT, OP