

MAY 22-28, 2022

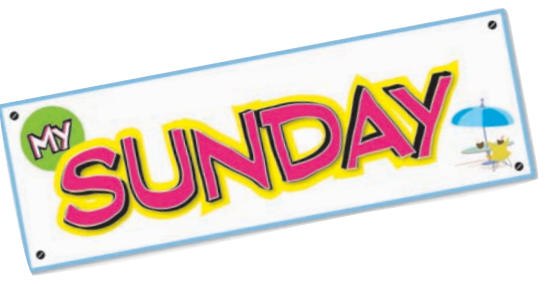
SUNDAY POST

HERE . NOW



Rewriting Rules

P
3,4 COVER STORY



Odisha-born choreographer Arundhati Garnaik has already carved a space in the Hindi film industry after her stellar performance in reality shows like 'Dance Deewane' and 'Dance India Dance'. On Sundays, she rehearses the steps of her upcoming movies



With Terence Lewis' troupe members

Staying in touch

Though I live in Andheri, often I travel to my uncle's place at Thane and spend some time with him and aunty. I also visit my other relatives in the city. Besides, I love to hang out with a few friends at a city café and discuss new choreography ideas.

Food lover

I can't wait to relish Punjabi dishes like Aloo Paratha, Kadhi Chawal and Butter Chicken prepared by the mom of one of my friends. I also love Pakhala, Ghanta Tarkari and fish curry, a few signature cuisines from Odisha, cooked by my aunty.

At theatres

I prefer to watch the new releases in theatres rather than on streaming platforms. Watching them on big screens help me learn new choreography ideas more effectively and compare my skills with others in the business.



With parents

Homework

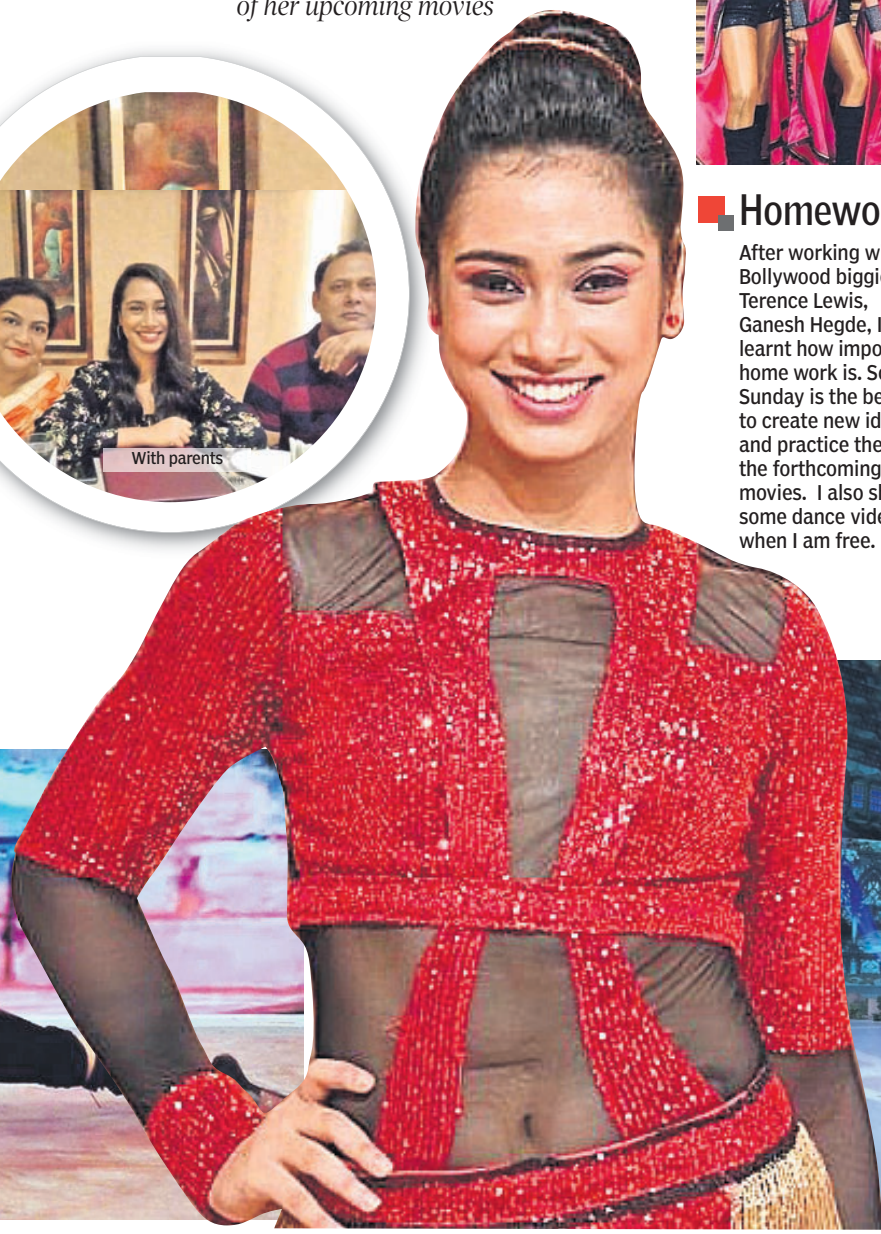
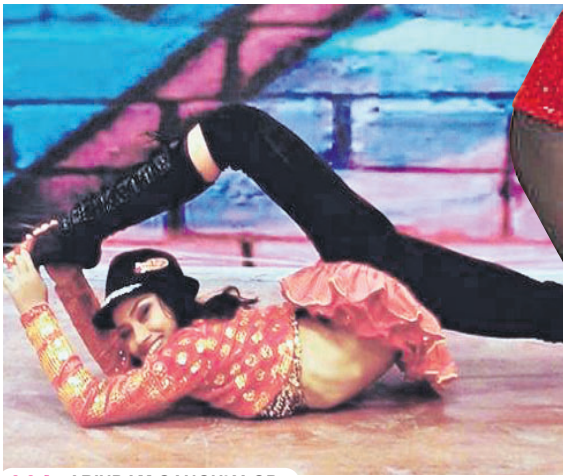
After working with Bollywood biggies like Terence Lewis, Ganesh Hegde, I have learnt how important home work is. So, Sunday is the best day to create new ideas and practice them for the forthcoming movies. I also shoot some dance videos when I am free.

Aiming high

My goal in life is to be known as a versatile dancer and to set up a dance studio in Bhubaneswar where I can groom the budding talents from Odisha. This is my way of sticking to the routes.

Upcoming flicks

At present, I am working in a couple big budget movies like Phone Bhoot starring Katrina Kaif, Siddhanth Chaturvedi, Ishaan Khattar and Vikram Vedha with Hrithik Roshan and Saif Ali Khan in lead roles.



ARINDAM GANGULY, OP

WhatsApp This Week

Only on Sunday POST!

Send in your most interesting WhatsApp messages and memes received to: features.orissapost@gmail.com And we will publish the best ones

THE BEST MEMES OF THIS ISSUE

- Did you hear about the guy whose whole left side got amputated? He's all right now.
I have a few jokes about unemployed people, but none of them work.
I put my grandma on speed dial the other day. I call it insta-gram.
A ghost walked into a bar and ordered a shot of vodka. The bartender said, 'Sorry, we don't serve spirits here.'



WHIZ KIDS

Dear Sir, Sunday POST deserves encomiums for featuring three prodigious young talents in last week's cover story The world at their feet (May15).The saga of Triranga Priyadarshan, imbued with patriotic fervour, Ahan Patnaik Sahoo, the budding author and Sai Jyoti Mohanty, the blindfolded miracle kid and their laudatory accomplishments in different fields at a very young age must serve as a beacon of light for the younger generation. Priyadarshan has truly set an example with his video clip Desh Padhega Toh Aage Badhega spreading literacy and asking respect for women. AMIT BANERJEE, NEW DELHI

PRIDE OF ODISHA

Dear Sir, It feels great to learn about Dayanidhi Dahima, the Adman of Odisha. While many youths, who move to Mumbai from Odisha, prefer to try their luck in acting, Dayanadhi's success behind the camera will certainly inspire aspiring talents to think otherwise. Though he already has carved a space after working with top icons of the film industry, I wish him more success in future. MRUTYUNJAY MOHAPATRA, SAMBALPUR

LETTERS



A WORD FOR READERS

Sunday POST is serving a platter of delectable fare every week, or so we hope. We want readers to interact with us. Please send in your opinions, queries, comments and contributions to features.orissapost@gmail.com B-15, Industrial Estate, Rasulgarh, Bhubaneswar - 751010, Orissa. Phone (0674) 2549982, 2549948

Rewriting Rules

Shattering the myth 'Once an actor, always an actor', several young and successful Odia actresses have shown that it is quite possible to work in two different professions and sparkle in both

ARINDAM GANGULY, OP

Evolution is a slow but never-ending process. Everything changes with time so as the film industry, its actors and their approach towards the profession.

Earlier, no top actors in the industry ever resorted to professions other than acting. They used to put their heart and soul into it and 'Once an actor, always an actor' was their motto in life. Be it male actors Bharat Bhusan, Guru Dutt, Raj Kapoor, Dev Anand, Dilip Kumar, Rajesh Khanna or female leads Nargis, Meena Kumari, Madhubala, they all were full-time actors and never considered other options to look up to.

But gone are those days. The actors these days do not want to die with their boots on. While people like Mithun Chakraborty, Shah Rukh Khan and Sunil Shetty are thriving in business, their counterparts Sushmita Sen, Aishwarya Rai, Shilpa Shetty and Preity Zinta are no less.

Back home also, there are several young and successful actresses who have shown that it is quite possible to work in two different professions and sparkle in both.

Sunday POST caught up with a few top heroines of the Odia film industry from the new brigade who have not only garnered viewers' appreciation for their onscreen portrayal but also done well in their second profession.

Bhoomika Dash

One of the most sought after heroines of the Odia film industry, Bhoomika needs no introduction. She has won millions of hearts in movies like 'Tu Mo Love Story', 'Hero No 1', 'Nayakara Na Debadas', 'Chakhyubandhan', 'Mana Mora Kagaja Gudi' and several others.

But not many fans know that the 19-year-old is a second year student at the Institute of Dental Sciences in Bhubaneswar.

"During my Class XII, I got fascinated by Biology and after my final examination, I worked hard to get a medical seat. Even as I was working in films, my parents always asked me to focus on studies which helped me crack the entrance," says the actress.

Asked how she manages both the fronts, Bhoomika said, "It's pretty challenging to strike a balance. At times, it becomes really hectic and I have to work hard to manage shooting and studies. So, I often have to choose my projects accordingly so that my studies



aren't neglected."

She takes her study assignments to the shooting set and works on them during the breaks, adds Bhoomika.

"I find so many people around during the shoot to take care of my personal needs. But I lead a completely different life when I am at college. No star image, no privilege. Here, I am just another student of the institution and have to fend for myself. So, studying medical science is a great leveller and it keeps me grounded," says the second runner up of KIIT Nanhipari-Little Miss India of 2015.

However, her friends always help her when she faces problems of missing any classes, adds Bhoomika.

Bhoomika already had a booming acting career when she was still in school. Despite that, she opted to study medicines instead of concentrating more on acting.

Defending her decision, the actress, who is looking forward to the release of her upcoming movies 'Chandrama' and 'Mayabi', says, "Acting is a passion for me but it's also a proven fact that the lead heroines in the industry don't enjoy a long life span on screen. So, it was a conscious decision to secure the future."

Jasmine Rath

Jasmine is an emerging star on the horizon of the Odia entertainment industry. The 20-year-old has cemented her place in television appearing in drama shows like 'Maya' and 'Sargam' and she looks forward to making a leap into the big screen.

However, like Bhoomika, she too has kept an option open for her in future.

It is really tough to manage both studies and a career in the entertainment industry, says the second year law student at SOA National Institute of Law.

"However, my friends and teachers help me a lot in this regard. My parents are also very cooperative and have a lot of faith in me," says Jasmine.

On having a second career option, Jasmine,



who has a lot of new projects in the pipeline,

says, "As the movie industry is about glitz and glamour, good offers dry up once you reach 30. So, people, especially the lead actresses, need to plan in advance their future course of action. To remain independent, one must have a plan-B ready which is why I concentrate equally on my studies."



A-LISTERS WHO DON MANY HATS

STHITAPRAGNYA

Actress Sthitapragnya had a different reason to study medicines. At the beginning of her acting career, she was body-shamed and rejected by many for her looks. The rejection made her become an aesthetic physician after undergoing advanced training in Sweden. And she now runs a clinic at Saheed Nagar in Bhubaneswar.

However, she did not give up on her acting career and appeared as lead in several movies including her upcoming movies 'Dui Dune Paanch' and 'Sabu Ei Love Pain' and earned viewers' appreciation. So much so that she went on to tie the knot with actor and dancing sensation Harihar Dash, thanks to her association with the film industry.

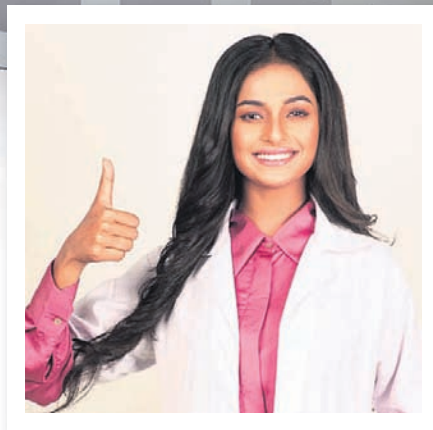
Sthitapragnya says, "During my first year of medical studies at KIMS in 2013, I joined the Miss India contest which gave my confidence a boost and I tried my hand in the film industry."

Managing the clinic and acting in films is tough but she enjoys both. However, she often fails to take up some good offers due to her professional commitments, says the physician-cum-actor.

The lockdown situation during the Covid waves came as an eye-opener for her, adds Sthitapragnya.

Most of the actors were left jobless during the period but her training as an aesthetic consultant kept her occupied. Therefore, she bats for a second career option for the actresses. Besides, the heroines in the Odia film industry also do not get

much remuneration when compared with other regional industries which makes it even more important for actresses to think about their future, the actress says.



SHEETAL PATRA

Here's another talented actress who, despite her flourishing career in acting, is also doing her MBBS at Hi-Tech Medical College and Hospital in Bhubaneswar.

Sheetal has secured a place in the viewers' hearts for her roles in 'Jiye Jaha Kahu Mora Dho', 'Bhalapae Tate 100 Ru 100', 'Tora Dine Ku Mora Dine', 'Didi Namaskar' and several others.

While managing studies and shooting are tough for other heroines, it is not a big deal for Sheetal.

"I've been active in films and television since I was a kid

so I don't find it tough to maintain a balance," says the 23-year-old.

Also a trained dancer, Sheetal says it is not just the actors but every individual needs to have a backup plan for the tough time.

"Dancing has always been a passion for me and I can make a career in dance also if I ever fail to get offers as an actress," signs off Sheetal, adding that she used to attend online classes for two-three hours in the morning and then in the evening during the lockdown.



DEEPIKA PADUKONE

The Om Shanti Om actress started her very own clothing label which is one of the top brands on Myntra. Her label All About You is a private fashion label that was launched by the diva. She also runs her foundation - Live, Love, Laugh to support and normalize mental health. Other than that Deepika has been an active investor in a plethora of start-up enterprises and has production house called Ka productions.



PRIYANKA CHOPRA JONAS

Other than being a global superstar the Matrix actress has recently launched her hair care line called - Anomaly. She has had her production house - Purple Pebble Pictures for a long time now and she has also launched her autobiography - Unfinished and it is already ranking on number 1.



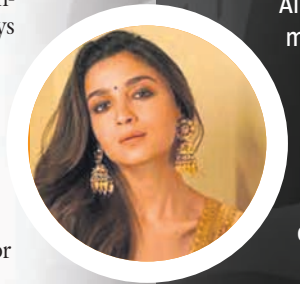
ANUSHKA SHARMA

Anushka is a trailblazer who made her way to the top. Other than being a phenomenal actress, she is also a successful entrepreneur. Back in 2014, the actress turned into a producer and has also launched her clothing brand- Nush on Myntra. Today, she carries off every professional role effortlessly.



ALIA BHATT

Alia is often called an overachiever and multi-talented. Very recently she has become an entrepreneur also as she launched her conscious clothing line - Ed-a-Mamma. This is Alia's first attempt at becoming an entrepreneur and making it a sustainable clothing brand for children



TAAPSEE PANNU

The Pink actor added another milestone in her career, as she launched her production house, Outsiders Films in 2021. Besides, Taapsee also runs an event management The Wedding Factory which organises marriages and other events. She had also worked as a software engineer.





Amazing dance facts

Dance has existed since the dawn of human civilisation, bridging the gap within communities and crossing all boundaries

Expressing through movement to the rhythm of music every decade and century, dance styles have transformed, reformed, and innovated to become the most powerful expressive physical art. Here are a few amazing dance facts you may not know:



DANCE IN CAVE PAINTINGS

The earliest historical records show the origin of the dance in Cave Paintings in India dating back to 8,000 BCE. Even the 5300-year-old tomb paintings in Egypt pinpoint to the origin of ancient dances. As per archaeologists, dance originated between 5,000 to 9,000 years ago near modern Pakistan. Some earliest rock art forms suggested that 10,000 years ago, the Bushmen of Africa used to perform some trance-like dance to communicate with the spirit world.



DANCING PLAGUE OF 1518

In 1518, the town of Strasbourg (France) witnessed a dance mania that lasted a month and killed dozens of people. The reason behind continuous and uncontrolled dancing was more than just dancing spirits and energy. It is still a mystery waiting to be solved. Dancing mania caused uncontrolled movements, exhaustion, and heart attack and people did not stop until they collapsed. At least 400-500 people joined together for the dance to death.

PROHIBITION ON WALTZ

In the 18th century, Waltz was considered a scandalous form of dancing which led to its banning. The reason was the closeness between the dance partners that made Waltz indecent. In European countries, the maximum dancing time was 10 minutes. Once Napoleon Bonaparte won Austria in 1815, allies of European states celebrated the victory by Waltzing. After that moment, Waltz was no more a scandalous dance. It gained popularity across the globe.



GREEKS STARTED BROADWAY DANCE

Broadway dance is a dance within the theatre. Broadway Dance is a popular way to capture audiences at the grand venues of New York, but it was started by Greeks a long time back. Broadway dance got its name from Broadway, the main street in New York City.



INVENTION OF MOONWALK

Moonwalk makes you recall the name of late superstar Michael Jackson. He created the iconic Moonwalk moves which were different from the popular backslide dance movements. The King of Pop, first time performed this Moonwalk in his famous Billie Jean song in 1983. Jackson and his dancers used to lean at a gravity-defying 45-degree angle with their special patented shoe design.



THE 126 HOURS OF DANCE

Bandana Nepal has the Guinness World Record for the longest dancing marathon, lasting 126 hours. A Nepali dancer, she participated in the dance marathon from November 23-28, 2018.



'107-YEAR-YOUNG' DANCER

Eileen Kramar is a '107-year-young' dancer from Australia. She bans the word 'old'. Her iconic dancing career started when she was 22 years. She has been leading an iconic dance career in Sydney. Her lifelong wish is to create new, learn new and be new.



STICK DANCE

Stick dance was developed by African-Americans on American plantations during the slavery era. Stick dance was a type of military drill where the stick was used in dance as a disguised weapon. The dance was a practice session to fight against the plantation owners. It was an element of resistance. Dancers would clap in rhythm, and sing in a call-and-response style where other caller led the crowd.

Donal shares her special experience



Mumbai: *Ek Deewana Tha* fame television actress Donal Bisht says coming back to her hometown Delhi for the shooting of her upcoming show *Zakhm* makes it all the more special for her.

The actress, who is currently shooting for the MX Player original show, said, "Delhi is where my heart is because my family stays there. After six long years of being in Mumbai for work, away from my loved ones, it feels great to be with them now. The long shoot will give me the chance to come home at the end of the day and be surrounded by love and laughter."

The show is produced by Yash Patnaik and Mamta Patnaik under the banner Beyond Dreams Pvt Ltd. It also stars Anuj Sachdeva and Gashmeer Mahajani.

Asked about the details of her character in the show, Donal said, "I cannot yet reveal detailed information but it's a romantic thriller family drama. The character

I'm playing is a girl next door but how she evolves through her journey is very interesting to see.

I cannot wait for you to see us on screen."

The actress was last seen in the reality television show *Bigg Boss* 15.



'We must not limit ourselves to only Indian stories'



Cannes: During the inauguration of the India pavilion at Cannes 2022 last week, Academy Award winner AR Rahman explained why we should tell stories about West and try to break the boundaries. "I can't say much because I've been

in the industry for almost 40 years - ten years of playing outside as a musician and 30 years as a composer. I was a director for the sensory cinematic experience," he said.

Rahman further shared that despite the fact we have our stories to tell, we must not restrict ourselves.

"Even though we have so many stories, we should tell stories about the West because we have a narrative about the West. We should be doing that."

"The West does *Gandhi*, he (Shekhar Kapur) is the man who has done *Elizabeth: The Virgin Queen*. I am super inspired by him," he added while hinting towards filmmaker Shekhar Kapur.

The Indian delegation led by I&B Minister Anurag Thakur was present for the inauguration of the Indian pavilion at the Cannes Film Festival in France.

Divya teams up with Randhawa, Yo Yo

Mumbai: Divya Khosla Kumar, Guru Randhawa and Yo Yo Honey Singh have come together for the latest track *Designer*.

Divya, sharing her experience of working in the track: "It's been an absolute pleasure and an exhilarating experience working on *Designer*. Like the title, I'm sporting some high end designer outfits, one more breathtaking than the next. Every fashion enthusiast is going to love this song."

Honey Singh says:

"Everything from the music to the visuals in *Designer* are next level! Can't wait to see how fans react to this collaboration."

Guru Randhawa has penned the lyrics and Honey Singh the signature rap lyrics, the two have jointly composed the track.

He shares about the collaboration: "Fans have been waiting for a collaboration like this and we are happy that Bhushan Kumar made this happen! Looking forward to the audience's reaction and we hope they enjoy the track."



Dia addresses issue of consent in *Gray*

Mumbai: Actress Dia Mirza and Shreya Dhanwanthary are coming up with a new short film titled *Gray* that deals with the topic of consent in a relationship - an aspect which is often talked about but not implemented correctly.

The film revolves around the life of a young woman, Naina, who goes through a tumultuous time after an uncomfortable experience changes her life; the struggle one faces whilst differentiating between consent and friendship, and more often than not, it ends in one blaming themselves.

"We know about consent, talk about it but how well do we understand or implement, is the real question. We are proud to bring this meaningful

story to our library of award-winning short film," said Girish Prabhu, Head of Amazon Advertising.

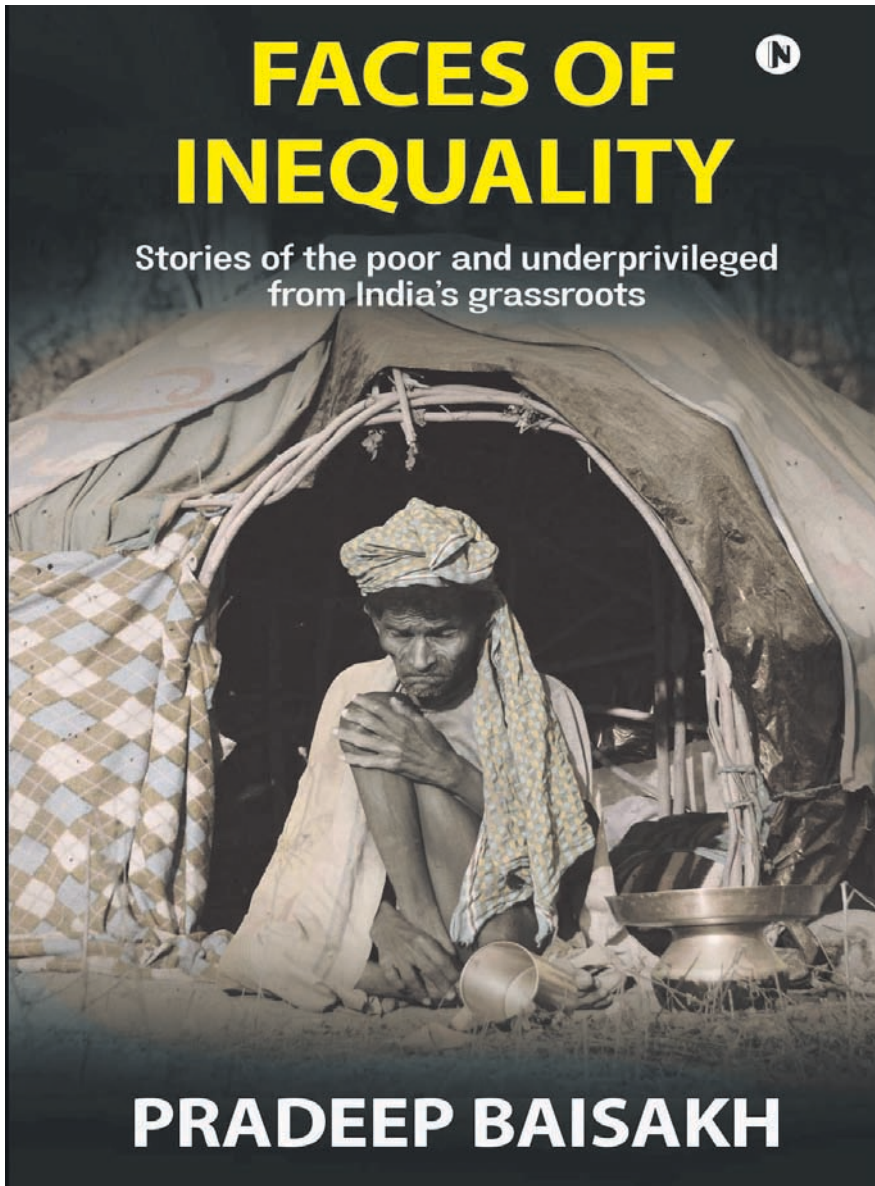
"*Gray* is a powerful story about consent, a topic that should be 'black' and 'white' but is often dragged into the 'grey', because we refuse to learn the meaning of 'No'. We hope that the film helps clearly define the meaning of consent for everyone who watches it," said Nikhil Taneja, Co-Founder and CEO, Yuvaa Originals.

A CHRONICLE OF OFFICIAL APATHY



BY ASHOK DASH

Amid the talks of a five trillion dollar Indian economy, there is still an India where people struggle to arrange two square meals a day. Many strive hard for basic needs of food, health and education. Often unheard and ignored, these voiceless people mostly don't matter to the mainstream media. This book, through various ground reports over a decade and a half, captures the stories of the most marginalised people of society. All the reports should serve as a warning bell till the time another man dies of starvation in Odisha, a girl is raped in brick kilns of Andhra Pradesh, a poor child is forced to work in the cotton fields of Gujarat or an HIV positive woman is thrown out of her house. These are not mere real-life stories but a chronicle of policy and governance failures. The reports analyse the systemic causes of such failures. But all is



came into being, lost their livelihood and are living a life of penury.

Part IV discusses the state of implementation of the progressive laws in India on right to information and rural employment. The stories bring forth how people struggling for their rights face backlash from state and non-state actors. But in some cases, the resilience of people also shows the strength of people's power, for example the fight of people in Delhi slums to streamline the public distribution system using the right to information law.

The self-help movement of women in India has shown significant results in the socio-economic empowerment of women.

The book also discusses the plight of millions of migrant workers across the country who had to walk hundreds of kilometres during the lockdown, after the outbreak of novel coronavirus that took shape of a (COVID - 19) pandemic in 2019, to reach their homes. A story narrates the ordeal of Rakesh, a homeless migrant worker in Bhubaneswar, who breaks down while asking for food during the lockdown. And there are several such migrant people who reported to live in hunger immediately after the lockdown was imposed in March 2019. There is also a story on how the Odisha government, through its proactive intervention, used the self-help groups to procure and distribute basic grocer and vegetables to the villagers in Malkangiri district during the lockdown.

The book discusses the farmers' suicides, conditions of people living with HIV, people with disabilities and the fallout of communal clashes. Like the hunger related deaths, the government would never accept a farmer's suicide.

Foreword for the book is written by Dr Devinder Sharma, Food and agriculture policy analyst and an authoritative voice on farmers' issue in India.

The book is a good read for policy maker, social workers, researchers and all people who live a better life but are often oblivious of the people living in distress in their own neighbourhood.

About the author: A journalist hailing from the Eastern Indian state of Odisha, Pradeep Baisakh has extensively written on grassroots issues for various newspapers and journals in India and abroad. He has bagged a national award from National Foundation for India (NFI) for development journalism. Having nearly sixteen years of experience in the social sector, Baisakh currently works as the Asia Coordinator of Global Call to Action Against Poverty (GCAP), a global civil society campaign working on issues of inequality and poverty. He has done a short research project at the University of California, Irvine.

The author can be contacted at 2006pradeep@gmail.com, Skype: [pradeepbaisakh](https://www.skype.com/user/pradeepbaisakh)

PRADEEP BAISAKH

The book discusses the evolution of the inequality debate in the global level and in India in the introduction. Poverty and inequality discussion goes side by side. A large percentage of population is poor because a few people are super-rich and the global economic system is designed to generate and foster such inequality. The 'Occupy Wall Street' protest in New York in 2011, which used the slogan, 'We are the 99' signifying the concentration of wealth in the top one per cent population implying this fact. The book goes beyond the intellectual debates on inequality and attempts to give a human face to inequality - the "Faces of Inequality"! The title has been borrowed from the "Faces of Inequality Campaign" of Global Call to Action Against Poverty (GCAP), a global civil society campaign working on issues of poverty and inequality.

The book has 7 parts and 44 articles. The articles are reproduction of author's grassroots based write-ups published in various newspapers and journals in India and abroad in last fifteen years. The issues covered are starvation, distress

migration, employment guarantee act, right to information, forest issues, self-help movement, industrialisation and violence, agrarian distress and farmers suicide, disaster etc.

The first article is on the hunger death of Jhantu Bariha's family in 2009 from Bolangir district of Odisha. The government is always in denial whenever there is a report of alleged starvation death. But circumstances and independent observations suggest that the deaths are actually triggered by hunger.

The articles on distress migration discuss the factors leading to forced migration of people belonging mostly to tribal and Dalit communities mainly from western Odisha to neighbouring states and the associated adversities.

Under industrialisation, the famous anti-POSCO (Pohang Steel Company, a South Korean steel giant) struggle in Odisha has been discussed in some stories exposing how far a government can go to criminalise its own people for a foreign company. On the other hand, the people who willingly gave away their land to the company, which never

Title - FACES OF INEQUALITY

Author - Pradeep Baisakh

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Price - ₹350/-

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(<https://notionpress.com/read/faces-of-inequality> Amazon Global

(<https://amzn.to/3f3gyEe>),

Amazon UK (<https://amzn.to/33iqIn7>)

and other platforms.

not lost. Still, there are rays of hope amid the bleak picture. Many positive stories show us how, with the right policy interventions and community effort, the lives and livelihoods of the marginalised can flourish.

The author makes comparison between the rich and the poor while explaining inequality by narrating a personal experience. The comparison of a luxurious life in a metro city and a precarious life in a village depicts the stark reality of the economic discrimination in India. The money spent in a Delhi pub in a night, if saved, can feed a village consisting of 250 families in Bolangir district for a month. And this is inequality!



Sovan



PHOTO: KUMAR SHARAT